Helping children succeed in school and in life

PARENTS AS PARTNERS

PARENTING PROGRAMS Fall 2011

all programs FREE to parents of children in school

MAKING THE DIFFERENCE TOGETHER PARENTING PROGRAM

Cool Solutions - 20 hour anger management/conflict resolution program.

You will learn to:
- manage anger
- solve conflicts
- reduce tension in your home.
- catch yourself before getting angry

Find strategies to teach your child how to handle frustration in a healthy way and discuss the characteristics of healthy relationships.

Barrie: Barrie Learning Centre
Midland: Georgian Bay Native Friendship Centre
Wed., October 12 – November 30/11
6:30 – 9:00 p.m.
Call 705-325-9279, ext. 231-office
Or 705 725-8360, ext. 333 v/m only

Effective Parenting - Parents will gain understanding in strategies, understanding and skills to help their children

Parents will discuss a variety of discipline problems, helpful ways to handle anger and ways to support their child at school.
- Build self-esteem
- Be responsible
- Relate positively with others
- Solve problems
- Set goals

Parents will discuss a variety of discipline problems, helpful ways to handle anger and ways to support their child at school.

Barrie: Barrie Learning Centre
Date and time to be announced
9:30 – 11:30 a.m.
Call 325-9279, Ext. 231 or 725-8360, Ext. 333 to register

TRIPLE P PARENTING GROUP AND SEMINARS

Triple P: Parenting your 2 – 10 year old

You will explore and identify:
- Positive parenting principles and techniques
- Strategies and skills that encourage good behaviour
- Causes of misbehaviour and ways to deal with challenging behaviour

Barrie: Barrie Learning Centre
Monday, October 3 – November 28/11
6:30 – 8:30 p.m.
Call 325-9279, ext. 231 or 725-8360, ext. 333 to register
Triple P: Parenting your Pre-teen or Teen (parents of children ages 10-16)
You will examine:

- Positive teen parenting principles
- Factors influencing teen behaviour

You will discuss family survival tips to help make your parenting task easier!

Barrie: St. Giles Church
95 Cook Street
Wednesday, October 12 – November 30/10
6:30 – 9:00 p.m.

Call 325-9279, Ext. 231 or 725-8360, Ext. 333 to register

OTHER PARENTING PROGRAMS AND WORKSHOPS

Parent Talk

Orillia: Orillia Learning Centre
For Leap Students only
Tues., October 4, 25, Nov. 15, Dec 6/11
1:15 – 3:00 p.m.

Contact Us!
Parents as Partners Parenting Programs
Adult and Continuing Education
Telephone (705) 725-8360, Ext. 333 V/M only
Or (705) 325-9279, Ext. 231 Office
www.thelearningcentres.com
parenting@thelearningcentres.com